

Race for Hunger

Saturday, October 18th, 2008 9:00 a.m.
South Lebanon Ohio

Each year the Baptist Hunger Ministry continues to advance the fight against hunger in the Cincinnati area. Through our programs, we have seen many lives changed for the better and many families helped. Last year over three thousand hot meals were served and over two hundred families were given assistance by the Baptist Hunger Ministry. For example, last year we ministered to a family in the Cincinnati area who lost their home to a fire. Through the Baptist Hunger Ministry, that family was able to purchase groceries for a week. This gift relieved some of their burden, and allowed them to focus on other important matters.

Fortunately, the ministry has been able to help many. Unfortunately, with increased needs, funds are not keeping up with demand. To help supplement the funds for the ministry, we are excited to announce that our first ever 5k run/walk is being planned. The "Run for Hunger" will be held on Saturday, October 18, in South Lebanon, Ohio, and will be run along the scenic Little Miami River.

COURSE: 5k Run/Walk along the Little Miami Bike trail beginning and ending in South Lebanon Ohio.

PRE-REGISTRATION: \$20, includes T-Shirt

RACE DAY REGISTRATION: \$25, includes T-Shirt

PRE-REGISTRATION DEADLINE: All pre-registration entries must be postmarked by September 15, or register on-site on race day.

RACE DIVISIONS:

Men and Women: 14/under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70/over.

Fitness Walkers: 29/under, 30-39, 40-49, 50-59, 60-69, 70/over

REFRESHMENTS will be provided after the race.

AWARDS: Top 3 in each division and to the first male and first female overall.

RESULTS will be online at www.cincinnatiabaptist.com

ADDITIONAL INFORMATION: Call Oliver Hawkins at (513) 478-3020.

DIRECTIONS TO RACE SITE: THE RACE FOR HUNGER: 323 S. MAIN ST., SOUTH LEBANON, OH 45065

From Cincinnati:

Take I-71 North to the Ohio 48 Exit 28 toward South Lebanon
Turn left onto Ohio 48 continue to follow Ohio 48 South for 0.7 miles.
Turn left at second light onto Mason Morrow Millgrove Rd/CR 38
Mason Morrow Millgrove Rd becomes Pike St. Go 1.4 miles
Turn Right on North Main St. go 0.4 miles to parking area.

From Columbus:

Take 1-71 South to the Ohio 48 Exit 28 toward South Lebanon.
Turn Right onto Ohio 48 continue to follow Ohio 48 South for 0.8 miles. Turn left at the third light onto Mason Morrow Millgrove Rd/CR 38. Mason Morrow Millgrove Rd becomes Pike St. Go 1.4 miles
Turn Right on North Main St. go 0.4 miles to parking area.

-----Official Entry Form OR Register on-line at www.active.com-----

Name _____ Age(race day) _____

Address _____ City _____ State _____ Zip _____

Daytime Phone _____ Evening Phone _____ E-Mail _____

Make Check Payable to: BAGC Race for Hunger

Mail Check and entry form to BAGC Race for Hunger 1255 West Kemper Cincinnati, OH. 45240

Pre-Registration Entries must be postmarked by Monday September 15, 2008.

Male Female (circle one) Event: 5K Run 5K Walk (circle one)

T-shirt size S M L XL XXL (circle one)

Waiver: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors, and assigns, all claims of any nature arising from my participation in the Race for Hunger, and do hereby release the Cincinnati Baptist Association, and all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such a run, and have trained adequately in preparation. I HAVE NOTED ANY MEDICAL CONDITION ON THE REVERSE SIDE OF THIS FORM.

Entry Signature _____ **Date** _____

(Parent Signature if Under 18)

In case of medical emergency contact _____ **Phone** _____